

# September 2024

## COMANCHE HIGH SCHOOL

### Monday

**HOLIDAY**

RANCHERO WRAP  
OR  
POPCORN CHICKEN  
ROLL  
CORN  
BROCCOLI SALAD  
FRUIT  
COOKIE & MILK

**STAFF  
DEVELOPMENT  
DAY**

BREADED DRUMSTICKS  
OR  
CHICKEN SPAGHETTI  
BREADSTICKS  
SALAD  
SWEET POTATO FRIES  
FRUIT  
MILK

CORN DOG  
OR  
TURKEY & CHEESE CROISSANT  
OVEN FRIES  
TOMATO CUP  
FRUIT  
MILK

### Tuesday

CORN DOG  
OR  
TURKEY & CHEESE CROISSANT  
OVEN FRIES  
TOMATO CUP  
FRUIT  
MILK

BBQ ON BUN  
OR  
HOT DOG  
TATER TOTS  
TOMATO CUP  
SNOWBALL SALAD  
MILK

PHILLY CHEESESTEAK  
SANDWICH  
OR  
X-TREME BURRITO  
W/ QUESO  
CORN / CUCUMBERS  
FRUIT  
PB RICE KRISPIE TREAT & MILK

TACO STICK  
SALSA  
OR  
CHEESY BREADSTICKS  
MARINARA SAUCE  
SALAD  
FRUIT  
MILK

### Wednesday

NACHOS GRANDE  
OR  
QUESADILLA  
SALSA  
REFRIED BEANS  
CUCUMBERS  
FRUIT  
ICE CREAM CUP & MILK

CHICKEN ALFREDO  
BREADSTICKS  
OR  
FRENCH BREAD PIZZA  
SALAD  
GREEN BEANS  
FRUIT  
MILK

CHICKEN ENCHILADAS  
OR  
QUESADILLA  
TORTILLA CHIPS  
REFRIED BEANS  
CORN / SALSA  
FRUIT  
PUDDING & MILK

WALKING TACO  
OR  
TURKEY & CHEESE SANDWICH  
CHARRO BEANS  
FRESH VEGGIE CUP  
FRUIT  
COOKIE & MILK

### Thursday

X-TREME BURRITO  
W/ QUESO  
OR  
BREADED PORK CHOP  
GRAVY / ROLL  
CHEESY BROCCOLI  
CORN  
FRUIT & MILK

TEX-MEX STACK  
OR  
CHICKEN FAJITAS  
SPANISH RICE  
REFRIED BEANS  
BABY CARROTS / SALSA  
FRUIT  
SHERBET CUP & MILK

CHEESEBURGER / CHIPS  
HAMBURGER GARNISH  
OR  
CHEESY BREADSTICKS  
MARINARA SAUCE  
TOMATO CUP / SALAD  
FRUIT  
MILK

CHEESE PIZZA  
OR  
BONELESS CHICKEN WINGS  
SUN CHIPS  
CELERY STICKS  
BABY CARROTS  
FRUIT  
SHERBET CUP & MILK

### Friday

PEPPERONI PIZZA  
OR  
CHEESEBURGER MACARONI  
ROLL  
BABY CARROTS  
GREEN BEANS  
FRUIT  
COOKIE & MILK

STEAK  
GRAVY  
OR  
FISH STICKS  
MASHED POTATOES  
OKRA  
ROLL  
FRUIT & MILK

CHICKEN NUGGETS  
MAC & CHEESE  
OR  
ASIAN STIR-FRY  
FLATBREAD  
BABY CARROTS  
SQUASH  
FRUIT & MILK

CHICKEN PARMESAN  
OR  
STEAK FINGERS  
GRAVY / ROLL  
GREEN BEANS  
CORN  
FRUIT  
MILK

## BREAKFAST

**MONDAY:**  
SAUSAGE, EGG & CHEESE  
CROISSANT

**TUESDAY:**  
BREAKFAST PIZZA  
OATMEAL

**WEDNESDAY:**  
SAUSAGE  
BISCUIT  
EGG  
GRAVY  
JELLY

**THURSDAY:**  
FRENCH TOAST  
BACON  
SYRUP

**FRIDAY:**  
PANCAKE WRAP  
YOGURT  
SYRUP

**EVERYDAY:**  
CEREAL  
JUICE  
MILK  
CHEESE STICKS  
FRUIT

## Did you know?

September in the Northern Hemisphere  
is similar to March in the Southern  
Hemisphere.